UNNAT BHARAT ABHIYAN

(A Movement for Progressive India)

Coordinator: Dr. Potsangbam Albino Kumar
Coordinating Staff: Ms. Babita Khwairakpam

Sustainable Agriculture Systems

Water Resource Management

Rural Energy Systems

Artisans, Industries and Livelihoods

Basic Amenities

Regional Coordinating Institute (RCI)

Unnat Bharat Abhiyan
National Institute of Technology Manipur
Langol-795004 (Manipur)

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1. "Construction of Water Treatment Plant in the Adopted villages" National Institute of Technology Manipur

NIT Manipur under Unnat Bharat Abhiyan adopted 5 (five) villages at Nambol, Bishnupur District of Manipur namely- Nambol Makha, Kongkham Awang, Maibam Chingmang, Nambol Bazar &Koriphaba. A low cost 9000 L water treatment plant based on roughing and biosand filter was constructed at Nambol by NIT under UBA on 27th August 2016. The treatment plant serves the villagers within 3 km radius. Another 2nd water treatment plant was constructed and handed over to villagers of Maibam Chingmang in April 2018.

Constructed 9000 L Low Cost Water treatment Plant at Nambol (adopted village)

Image showing the difference between from the left to the right Treated water by the water treatment plant and untreated pond water.

Analysis of the physical parameters of the pond water in the village

Chemical parameters analysis of the pond water in the NIT Lab.

Water parameters analysis in NIT Lab for the treated water from the Treatment water plant

Laboratory analysis of the treated water, checking for its portability for drinking.

Special Invitees in the Inaugural function of the Water Treatment Plant at Nambol.

UBA Coordinator NIT Manipur (Dr. P Albino) giving awareness on operation and maintenance of the Treatment plant community based BIOSAND Filter

Villagers attending the programme

UBA Coordinator, NIT Manipur elaborating the hygienic & healthy lifestyle in the programme.

Villagers depending on water treatment plant constructed by NIT Manipur

2nd Water Treatment plant constructed in Maibam Chingmang, April 2018

2. "Awareness Programme on Health and Sanitation & Swachhata hi Seva Campaign" 14th September 2019

For making plastics- free villages, "Swachhata Hi Seva Campaign" was started from 14th September 2019 in the adopted villages. To initiate, the campaign in the Nambol Makha and Maibam Chingmang on 14th September 2019, as requested by the villagers for an awareness program, "Swachhata Hi Seva" was conducted in merge with the awareness program on health and sanitation. On this occasion, important information about the health problems and their management were provided to the villagers. Dr. P. Albino Kumar (Regional Coordinator) highlighted the importance of practicing personal hygienic measures and eating balanced diet in day today life .People were illuminated the harmful consequences from the use of plastic in our health. The villagers' queries and other related issues raised by them were entertained and discussed during the programme.

Cloth bags were distributed to the villagers as an initiative to use cloth bags instead of plastic bags. However, villagers have mentioned the problems arise in the adequate collection, place to discard and recycling system. So, in guidelines, they were advised to encourage Youth Club, organise social service program every weekend and construct a dustbin or compost pit to discard plastic bags which later will be disposed of by Municipality Members.

Speech on preventive measures and other strategies to avoid diseases by Dr. P. Albino Kumar, (Regional Coordinator) in the programme.

Discussion with villagers during the programme.

Distribution of Cloth bags

Distribution of Cloth bags.

3. “Swachhata Hi Seva Campaign” at Kongkham Awang and Koriphaba 21st September 2019

In continuation of the campaign, it was further carried out in the others adopted villages i.e. Kongkham Awang and Koriphaba. It was started with the awareness campaign and door to door collection of plastic. People of these villages were also educated on the use of paper or fabric (cotton or jute) instead of plastic bags which creates many health and environment hazards. Cloth bags were distributed. Awareness were also spread to the villagers about the proper disposal of plastic waste so that it can be recycled or disposed of properly.

Swachhata Hi Seva campaign in the adopted villages

4. Registration for Participating Institute under Unnat Bharat Abhiyan for Imphal West District at NIT Manipur 24th September 2019

The workshop on "Registration for Participating Institutes (PIs) under Unnat Bharat Abhiyan" was organized on 24th September 2019 at NIT Manipur, Langol in the Conference Hall. The purpose of the workshop was to leverage the capacity of the knowledge institutes to help build the architecture of an inclusive India. More specifically, the objectives of this workshop were:

- To familiarize the colleges about Unnat Bharat Abhiyan, its vision and the transformational changes brought in our rural areas by the Unnat Bharat Abhiyan
- To persuade and amplify the colleges to participate under Unnat Bharat Abhiyan and to carry out activities in any of their capacity as per their present status, competence and interest that results in the acceleration of sustainable growth in rural areas.

As an outcome of this workshop, many of the participants registered under UBA on the spot and thus shortlisted as PIs under UBA under RCI NIT Manipur and hence the main target or role as RC is fulfilled. Further, the Coordinators/Representatives of the PIs have better ideas and knowledge regarding UBA encouraging them to actively involve for leveraging their knowledge and their expertise to build an inclusive India by addressing specific issues in their UBA adopted villages.

Registration of Participating institute under UBA at NIT conference Hall.

Interaction with the invited faculties during the programme.

Queries interaction during the programme

5. “Swachhata Hi Seva Campaign”
At NIT Campus & Adopted Villages
28th, 29th & 2nd October 2019

In continuation of the campaign conducted from 14th September in the adopted villages, on 2nd October 2019, UBA NIT Students Club members were taken to the adopted villages, involved with the villagers to make the villages ‘Plastic free villages”. The students took initiative role in the program, collected the plastics and stored the recyclable and non-recyclable plastics separately. The students also educated the villages about the plastics and its impact upon human health and environment. The campaign with the students has a great impact in the villagers and thus the villages were declared as plastic free villages.

To make the campaign more effective and to spread the message ‘No more plastic bags”, the campaign is followed by the presentation about the problems arise due to the use of plastics. The presentation gave outstanding result in terms of learning and sharing knowledge. Moreover, students became clear about the effects of plastics on human health and how it affects our body.

Later, Sharmdan was conducted in the Institute’s campus. The Director has stressed that plastic has a highly detrimental impact on humans, other living being and the environment. He further highlighted the risks and hazards of single-use plastics and urged all to discard the use of single-use plastic such as plastic bags. On this day, Director has declared the campus “Plastic free campus” and pledged to make the campus free of plastic waste, to collect all plastic waste and ensure its safe disposal.

Plastic free campaign in the adopted villages along with UBA NIT Students Club

Presentation conducted by the students related with plastic related crisis

Sharmdan and declaration of plastic free campus at NIT Manipur

Swachhata Hi Seva at NIT Campus.

6. Registration for Participating Institute under Unnat Bharat Abhiyan for Imphal East District at NIT Manipur 8th November 2019

The workshop on "Registration for Participating Institutes (PIs) under Unnat Bharat Abhiyan" was organized on 8th November 2019 at NIT Manipur, Langol in the Conference Hall. The purpose of the workshop was to leverage the capacity of the knowledge institutes to help build the architecture of an inclusive India. More specifically, the objectives of this workshop were:

- To familiarize the colleges about Unnat Bharat Abhiyan, its vision and the transformational changes brought in our rural areas by the Unnat Bharat Abhiyan
- To persuade and amplify the colleges to participate under Unnat Bharat Abhiyan and to carry out activities in any of their capacity as per their present status, competence and interest that results in the acceleration of sustainable growth in rural areas.

The workshop was performed in three sessions with the main objectives of the workshop. The methodology adopted was Invite colleges, Shared NIT Manipur's accomplishment as PI under UBA, Registration of the colleges under Unnat Bharat Abhiyan and interaction.

As an outcome of this workshop, participants from Imphal East Colleges registered under UBA on the spot, thus increased in number of PIs in Manipur. The Registered PIs will further enhanced the vision of UBA in the villages, therefore bringing the developmental changes in the rural areas.

Registration for Participating Institute under Unnat Bharat Abhiyan for Imphal East District, at NIT Manipur.

Interaction with the invited faculties during the programme.

Queries interaction during the programme

7. “Sustainable village development plan with people’s participation” At Kameng Sabal Lamshang 25th January 2020

One day Awareness Programme on Sustainable Village Development Plan with People's Participation “was organised by NIT Manipur on 25th January 2020 at Kameng Sabal, Lamshang Manipur. The event was attended by Hon'ble MLA Sorokhaibam Rajen Singh as Chief Guest, Director NIT, Prof. (Dr.) Goutam Sutradhar Manipur as President and Dr. P. Albino Kumar Regional Coordinator UBA NIT Manipur as Guest of Honour. The brainstorming session witnessed great participation of village people. After the session, the drinking water issue was identified as the prior problem in the villages. As an outcome of the programme, Chief Guest appreciated the efforts made by Dr.P.Albino Kumar (RCI Coordinator, UBA) and UBA Team of NIT Manipur. He proposed to provide funding to construct 15,000 L Water Treatment plant in the villages under Unnat Bharat Abhiyan. Director NIT Manipur assured to support the initiative and the people in any other technical issue in implementation of other Government Schemes

Chief Guest : Hon'ble MLA Sorokhaibam Rajen Singh, President: Prof. (Dr.) Goutam Sutradhar, Director NIT, Manipur and Guest of Honour: Dr. P. Albino Kumar in the programme

8. Orientation Workshop for Participating Institutes
At NIT Manipur
6th February 2020

The Orientation workshop for Participating Institutions (PIs) in Manipur was organised on 6th February 2020 at NIT Manipur, Conference Hall. The workshop was attended as Chief Guest by Naorem Praveen Singh, IAS, DC Imphal West, Prof. (Dr.) Goutam Sutradhar, Director NIT Manipur as Guest of Honour, Prof Ajay Saini, IIT Delhi as Guest of Honour, and Dr. P. Albino Kumar Regional Coordinator UBA NIT Manipur as President in the workshop. There were 40 Participating Institutions Coordinator already shortlisted in the 6th and 7th UBA shortlists, Faculties and Potential Participating Institution in the programme.

This programme has enriched the Participating Institute Coordinators and other Institute representatives to effectively participate in the holistic development in their adopted villages using eco-friendly sustainable technologies and local resource creating sufficient employment opportunities in the process, harnessing multifarious government schemes, customized use of existing technologies and use of knowledge as per the local needs, to improve the livelihood of the rural masses. The workshop has elevated the enthusiasm of the coordinators and other participants in the workshop to actively involve themselves and their expertise to execute the UBA mission in their adopted villages

Orientation programme at NIT Manipur on 6th February 2020.

(left to Right): Naorem Praveen Singh, IAS, DC Imphal West; Bharti Jasrotia ,IIT Delhi; Prof Ajay Saini, IIT Delhi; Prof. (Dr.) Goutam Sutradhar, Director NIT and Dr. P. Albino Kumar Regional Coordinator UBA NIT Manipur

Delegates during the Orientation Programme.

Participating Institutes Coordinator in the programme.

Interaction during the Programme

Facilitation for invited participants by UBA NIT Manipur Team.

Technical session by UBA NIT Manipur in the programme.

9. One Day Awareness Programme on Water Management
At Tingri Bhamon Mandap, Lamsang
15th February 2020

One Day Awareness Programme on Water Management was organised by NIT Manipur on 15th February 2020 at Tingri, Bhamon Mandap, Lamshang Manipur. The event was attended by Hon'ble Sorokhaibam Rajen Singh, Member of Legislative Assembly (MLA), Lamshang Manipur as Chief Guest, Director NIT, Prof. (Dr.) Goutam Sutradhar Manipur as President and Dr. P. Albino Kumar Regional Coordinator UBA NIT Manipur as Guest of Honour. The brainstorming session witnessed great participation of the village's people. Dr. P. Albino Kumar, RC UBA Manipur educated the people about the quality of drinking water and possible associated health risks as a result of the consumption of untreated high chemical contaminant water. The Chief Guest proposed to construct the same designed Water Treatment plant constructed in Nambol villages in collaboration with Unnat Bharat Abhiyan NIT Manipur. Director NIT Manipur suggested the villagers about the rainwater harvesting, to preserve the water in a reservoir. He accepted the proposal of MLA and further requested all the villagers to work together, cooperate with NIT Manipur in the construction of a water treatment plant.

Prof. (Dr.) Goutam Sutradhar, Director NIT,Manipur; Hon'ble MLA Sorokhaibam Rajen Singh, Manipur and Dr. P. Albino Kumar, UBA RC NIT Manipur

Villagers participating in the programme

Prof. (Dr.) Goutam Sutradhar, Director NIT, Manipur during the programme.

Hon'ble MLA Sorokhaibam Rajen Singh, Manipur in the programme

Delegates in the programme

Site visit for contruction of treatment plant in the village.

Dr. P. Albino Kumar, UBA RC NIT Manipur in the programme

10. One day awareness programme on Water Management At Kwakeithel Konjeng Leikai, Near Maya Club 22nd February 2020

"One day Awareness Programme on water Management" was organized by NIT Manipur on 22nd February 2020 at Kwakeithel Konjeng Leikai near Maya Club. The event was attended by Chief Guest: R.K. Taruni Devi, Adhyaksha Imphal West, Guest of Honour: Dr. P Albino Kumar Regional Coordinator UBA, Dean Academics & Affairs, NIT Manipur, President N. Pramo Devi. The brainstorming session witnessed great participation of the village's people. Dr. P. Albino Kumar, RC UBA Manipur educated the people about the quality of drinking water and possible associated health risks as a result of the consumption of untreated high chemical contaminant water. The importance of the supply and maintenance of safe drinking water as the key requirement for health has been made emphasized and instructed the villagers present in the programme. He further highlighted the constructed Water Treatment Plant at a low cost under UBA by NIT Manipur in Nambol villages. Its effective management was also illustrated thus solving the issue of drinking water problems in the villages.

Chief Guest: R.K. Taruni Devi, Adhyaksha Imphal West; President: N. Pramo Devi & Guest of Honour: Dr. P Albino Kumar Regional Coordinator UBA, NIT Manipur,

11. District Level Workshop under UBA for Senapati District"
At Don Bosco College Maram, Senapati
26th February, 2020

The workshop on "District Level Workshop under UBA for Senapati District" was organized on 26th February 2020 at Don Bosco College, Maram, Senapati. Considering the distance, such district level workshop was being organized at Don Bosco College, Maram. The workshop was attended by 20 faculties nominated by the invited colleges, organizing members from Don Bosco College including the UBA members of NIT Manipur. The workshop was performed in three sessions with the main objectives of the workshop. The methodology adopted was Invite colleges, Shared NIT Manipur's accomplishment as PI under UBA, Registration of the colleges under Unnat Bharat Abhiyan and interaction. As an outcome of this workshop, the participated faculties from different colleges came to know about UBA, they were encouraged to register under UBA.

District Level Workshop under UBA for Senapati District at Don Bosco College, Maram on 26th February 2020

Invited Senapati colleges' faculties participating in the programme.

UBA Coordinator and Father of Don Bosco, College , Maram in the programme

Queries and formal interaction with invited faculities and UBA NIT Team in the programme.

12. “Sustainable Village Development Plan with People’s Participation during COVID-19”at Sadokpam Village
29th July, 2020

With the crisis of unprecedented COVID-19, villagers are specially affected due to LOCK DOWN by the Government to curb this pandemic virus. In this regard, a öne day programme on “Sustainable Village Development Plan with People’s Participation during COVID-19” was conducted at Sadokpam Village on 29th July, 2020 by UBA, NIT Manipur. The UBA Team along with the help Club in the village fully coordinated and conduct the programme with maintaining social distances and Government protocols. NIT Manipur, UBA team have distributed 7 main essentials commodities - 1 Kg Onion, 1 Kg Potato, 1 salt, 1 Kg Dal, ½ Kg Mirch, ½ Litre Oil and one soap. Almost 250 families benefit from this programme. In continuation to it, 35 masks were distributed to the shops of the Villages. In evening, the streets of the Villages were completely sanitized with hypochlorite with the volunteers of the villages. The villagers were also educated with awareness to protect themselves.

The Club/volunteers of the village with UBA NIT Manipur RCI Coordinator, Dr.P. Albino Kumar

Club Volunteers Distributing essential commodities

A Girl leaving the community hall after receiving essential commodities

UBA NIT Manipur RCI Coordinator, Dr.P. Albino Kumar monitoring the social distancing Norms by the villagers

A villager picking up the Oil

The Club/volunteers of the village with UBA NIT Manipur RCI Coordinator, Dr.P. Albino Kumar

The Club/volunteers of the village with UBA NIT Manipur RCI Coordinator, Dr.P. Albino Kumar during sanitisation of the Villages

Sanitizing vehicle with UBA NIT Manipur banner through the streets of village

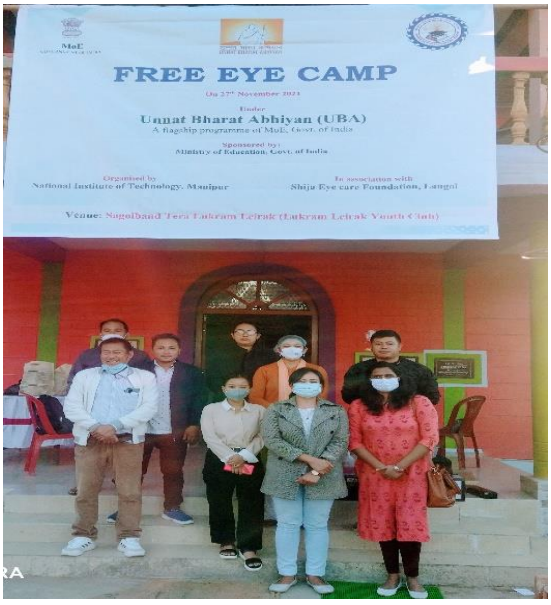
Spraying grass killing chemicals

Villagers sanitising the Pond periphery which is the likelihood of the village

Sanitising Vehicle With volunteers

13. Free Eye Camp
At Sagolband Tera Lukram Leirak
27th November 2021

A Free Eye Camp was organised on 27th November 2021 at Sagolband Tera Lukram Leirak, Lukram Leirak Youth Club (LLYC) in association with Shija Eye Care Foundation, Langol under the Perennial fund. The Free Eye Camp was successfully conducted from 9:30 am till 3:30 pm. The camp was successfully organised with the active participation of the volunteers of the club (LLYC). A team of 7 members from Shija Hospital provided the technical support for conducting the camp. The Technical team of the Shija Hospital included Dr. Rakhi Raj, an Ophthalmologist; four Ophthalmic Assistants: Ms.Menaka Lourembam, Ms. Bidyaluxmi Thongbam, Ms.Soram Sarju, and Ms.Riya Huirem; Ms.Ratna Nongmaithem, Nursing Officer; and Camp Coordinator, Mr. Rohenjit Maibam. During the eye check-up, the entire team along with the Volunteers and UBA NIT Team ensured the villagers coming in were guided properly. A total of 122 patients were examined for eye problems and diseases. A total of 21 patients were diagnosed with cataracts, 6 pterygia, and 1 chalazion. They were all referred to Shija Hospital, Langol where they will be operated on or necessary procedures will be given. All the necessary support for the above surgeries will be provided free of course by Shija Hospital. Overall, the teams were very enthusiastic and contributed their active participation in the camp.



UBA NIT Team, Volunteers (LLYC) and Shija Eye Care Foundation Team in the Free Eye Camp at Sagolband Tera Lukram Leirak, 27th November 2021

Vision testing by the optometrist during the camp

Eye check up by the opthalmologist during the camp

Glimpse of the Eye Camp held on 27Th November 2022 by UBA NIT Manipur at Sagolband Tera Lukram Leirak

14. “Covid Awareness campaign and distribution of essential items in the adopted village” at Nambol Bazar 2nd January 2022 till 11th January 2022

14.1 Nambol Bazar

As the Covid issue is at the highest peak in our state. Under this condition, people's adherence to preventive measures is greatly affected by their awareness of the disease. Therefore, awareness on the Covid disease and its preventive measures should be spread to the villagers especially the illiterate, street vendors, etc. So, a Covid Awareness campaign was organized at Nambol Bazar, an adopted village on 2nd January 2021. The campaign was conducted with Mtech, BTech, students and research scholars of our college. The students interacted with local women, elders and street vendors who are the main centre for the spreading of infection. The villagers were thoroughly educated about the preventive measures such as 6ft social distancing, proper washing of hands, importance of vaccination, etc.

In addition, they identified some of the worst affected family due to Covid in the village. A total of 12 families were distributed with the essential items such as rice, grain, onion, soap, potato, oil, mask, sanitizer, etc. The campaign conducted was worthwhile, it made the villagers aware of the information, preventive measures and also help them well prepared to fight against COVID-19

14.2. Koriphaba

UBA NIT Manipur organized the Covid awareness campaign at Koriphaba, an adopted village on 3rd & 4th January 2022 and was continued for two days. In order to avoid social gathering of the people, UBA NIT team and students divided into groups for spreading the awareness and distribution of information printed on flyers. The campaign emphasized in various COVID-19 prevention efforts, including health education and innovative strategies based on local evidences to raise the community's awareness and to improve its preventative practices. Based on the campaign survey in the village, 13and 13 families were distributed with essential items on the first and second day respectively. The unvaccinated villagers were also convinced to go for covid19 vaccination.

14.3. Sadokpham Leikai

Another awareness campaign was organized on 11th January 2022 at Sadokpham Leikai in continuation of the above campaign held in other adopted villages. The scenario of the Covid situation in the village was studied properly by the student and UBA NIT team. During the campaign, villagers were educated about their responsibility, their contribution in taking all the precautionary measures such as regular

hand washing, proper wearing of face masks and keeping social distancing. Flyers on proper wearing of face mask, social distancing, vaccination, mental health and alternatives to handshake to avoid COVID-19 infection were distributed to the villagers. The worst infected12 families by the covid19 crisis were distributed with some necessary items.

Covid Awareness campaign and distribution of essentials items in the adopted villages under Perennial Assistance by NIT UBA staff.

15. District Level Workshop under UBA for Chandel District"
At United College, Lambung, Chandel.
13th January, 2022

The workshop on "District Level Workshop under UBA for Chandel District" was organized on 13th January 2022 at United College, Lambung, Chandel. The purpose of the workshop was to invite the colleges in the Chandel District of Manipur and to register them under Unnat Bharat Abhiyan. The workshop was attended by 30 participants including faculties, organizing members from United College and UBA members of NIT Manipur. At the outset, Dr. BD. Thumdal, Principal of United College Lambung welcomed all the invited faculties from different colleges and UBA members in their college. In the first session, the workshop began with theintroduction of Unnat Bharat Abhiyan by Dr. P. Albino Kumar (Regional Coordinator). He brought about the roles as Regional Coordinating Institute (RCI) under UBA. He presented the data accomplished by NIT Manipur as PIs in the adopted villages and also shared his experience. In the last session i.e. interaction session was conducted. The queries raised by the participants were noted and were answered by Dr. P. Albino Kumar and Miss Babita Khwairakpam. As an outcome of this workshop, the participated faculties from different colleges came to know about UBA, they were also encouraged to register under UBA.

"District Level Workshop under UBA for Chandel District" organized by UBA NIT Manipur on 13th January 2022 at United College, Lambung, Chandel

Invited faculties participating in the programme

Dr. BD. Thumdal, Principal of United College, Lambung welcoming the participants

Queries and Formal interaction in the programme by Dr. P. Albino Kumar. UBA Coordiantor, RCI

16. Covid 19 Awareness programme for the village children
15th January 2022 & 18th January 2022

16. 1. Lukram Leirak Ward no. 1 (15/01/2022)

Covid 19 has been the biggest health challenge of the century globally. There has been so much said about the ongoing corona virus (COVID-19) outbreak and it can be easy to feel overwhelmed. In our state, Manipur, adults as well as children especially in villages, struggle to understand or put in context, the things they are hearing from friends, family and the media. Therefore, organizing awareness program among the children is pertinent to educate the children about the accurate information and science based facts about COVID 19. With this view, an awareness programme on COVID 19 for village children (40 children) was organized on 15th January 2022 at Lukram Leirak Ward No. 1, an adopted village by NIT Manipur. The awareness program was conducted with the help of an expert, Ms. Thoidingjam Abemma (Nurse). During the programme, the village children's concerned about the diseases were listened, their questions were answered in an age appropriate manner not overwhelmed them with too much information. The children were taught about the importance of mask wearing and washing their hands regularly, among other safety norms to protect themselves from the infection. Several good health behaviours to prevent Corona virus, such as washing hands for 20 seconds, covering sough and sneezes with the elbow, physical distancing, etc. were demonstrated to the children by the expert. The children were also trained with some basic yoga practices. At the end of the program, stationary items such as book, pen, and pencil were distributed to the children inorder to encourage them to study during this tough time

16.2. Kongkham Awang Leikai (18/01/2022)

Another Covid 19 awareness programme for the village children was organized and conducted in another adopted village by NIT Manipur, Kongkham Awang Leikai, on 18th January 2022. The Covid awareness preventive measures and other necessary practices were demonstrated by the invited expert, Ms Nongmaithem Pinky (teacher) along with the UBA NIT team to 60 children. The awareness programme among the village children was conducted as an effort to impart knowledge related to COVID among children in order to protect them from infection as well as to develop social and scientific consciousness among them. During the programme, a favourable environment was created for the overall development of the children, built their confidence and also soothed the anxieties and worries in them at the time of present COVID crisis. The children were sensitized about the importance of washing their hands frequently and properly, maintaining social distance of 6ft from other, exercising daily and practicing other healthy habits to avoid falling sick. The children learnt a lot from

the awareness programme and promised to follow all the good habits as instructed by the expert.

Covid awareness programme for the village children conducted on 15th January 2022 at Lukram Leirak Ward no.1 and on 18th January 2022 at Kongkham Awang Leikai

17. Two Days Free Embroidery
Sangaiprou Maning Leikai
20 & 21 /01/2022

UBA NIT Manipur had organized "Two Days Free Embroidery Training programme" on 20th and 21st January 2022 at Sangaiprou Maning Leikai. The training was technically supported for two days by Khundrakpam Menaka, Manger (i/c) of Khuthang Embroidery Centre and 40 interested women participated the training. The main purpose of the training programme was to enable the rural women to learn and enhance their skills, enhancing their confidence level by making themselves self- reliance. In addition, during this pandemic crisis, if some kind of skill is imparted to the women who are worst affected, it would give them more avenues to earn their living

Day 1: The following trainings were accomplished:

- Identify and take care of the various tools and equipment used in cutting and tailoring.
- Identify and practice basic (temporary and permanent) and decorative stitches
- Master the use of swing machine and take care of the machine.
- Select fabric and appropriate colour combinations according to age, tradition. Vocation and personality
- Follow precautions while using a machine. Identify and correct the defects in a machine. Identify and correct the defects in a machine.

Day 2: The following trainings were accomplished:

- Follow rules of pattern making, layout and fabric estimation
- Design, draft, pattern making cutting, stitching and finishing of the clothes, mosquito net, etc.
- Surface decoration of garments using embroidery, laces, buttons, beads, sequins etc
- Marking and storing of drafts and patterns for future use.

Two Days Embroidery Training Programme conducted on 20th & 21st January 2022 at Sangaiprou Maning Leikai

18. Free Eye Camp
At Sadokpam
31st March 2022

National Institute of Technology Manipur in collaboration with Shija Eye Care Foundation, Langol and United Development Club, Sagolband, Imphal, organized a free medical eye check-up camp for the residents of Sadokpam Leikai on 31st March 2022 from 9.30 am till 3.30 pm. The team of Shija Hospital with the volunteers of the club and NIT team very passionately contributed their best support to the camp. The program was conducted under the scheme of Unnat Bharat Abhiyan (UBA), Ministry of Education, Government of India. Altogether, 130 residents of all ages attend the free eye check-up.

Villagers coming out for free eye checkup during the Eye Camp at Sadokpam

Dr. P. Albino Kumar (RC) and President of the Unite Development Club (Sadokpam) in the Free Eye Camp

19. “Mass Spreading of National Education Policy (NEP) 2020 & Medical Health Camp” At Tamenglong College, Tamenglong 9th April 2022

National Institute of Technology Manipur, Regional Coordinating Institute (RCI) of Unnat Bharat Abhiyan (UBA) Manipur, organized a “Mass Spreading of National Education Policy (NEP) 2020” & “Medical Health Awareness Camp” on 9th April 2022 in association with theTamenglong College, aParticipating Institute (PI) under RCI Manipur. The Programme were conducted at Tamenglong College and Dailong Village, Tamenglong. The Regional Coordinator, Dr. Potsangbam Albino Kumar and Ng Tuakeulung (PI Coordinator of Tamenglong College) explained to the villagers about the modified school education structure of NEP 2020. The medical awareness camp conducted was technically supported by Doctors and Assistants from Tamenglong district hospital; Dr.Jenny Gonmei, Dr. Damguanglung Pamei and Dr. Gaiduanreiliu Gangmei. The objective of conducting the health camp was to create awareness of general health among the people and to provide general health care services. During the camp, a range of services which includes the routine medical parameters check-up were provided. The volunteers from the Tamenglong College and UBA NIT team successfully disseminated the promotive and preventive services including counseling on cleanliness along with hygiene & health-related issues to the villagers who attended the camp. As many as 70 people from Dailong village were benefited from both camp. The awareness programme conducted at Tamenglong was a huge success with an overwhelming response from the local people.

Dr.Jenny Gonmei, Dr. Damguanglung Pamei and Dr. Gaiduanreiliu Gangmei giving health awareness to the villagers in the programme.

UBA NIT Manipur Team, Tamenglong College PI, and other volunteer in the Medical camp

Medical health check up by the doctors in the camp.

20. District Level Workshop under UBA for Churachandpur District"
At Rayburn College, Churachandpur.
10th August 2022

The workshop on "District Level Workshop under UBA for Churachandpur District" was organized on 10th August 2022 at Rayburn College, Churachandpur. The purpose of the workshop was to invite the colleges in the Churachandpur District of Manipur and to register them under Unnat Bharat Abhiyan (UBA). The workshop was attended by 40 participants including faculties, organizing members from Rayburn College and UBA members of NIT Manipur. At the outset, Dr. Kh. Thainminlian Vaiphei of Rayburn College, Vice Principal, Rayburn College& PI Coordinator (UBA) welcomed all the invited faculties from different colleges and UBA members in their college. As an outcome of this workshop, the participated faculties from different colleges came to know about UBA, they were also encouraged to register under UBA.

"District Level Workshop under UBA for Churachandpur District" on 10th August 2022 at Rayburn College, Churachandpur organised by NIT Manipur.

Glimpse of the programme at Rayburn College, Churachandpur.

21. Complement Activities

Signing of Memorandum of Understanding (MoU) between National Coordinating Institute Unnat Bharat Abhiyan- IIT, New Delhi and Prof. Goutam Sutradhar (Director) NIT Manipur for recognizing the later party as the Regional Coordinating Institute of Manipur on 6th March 2019 at IIT, Delhi.

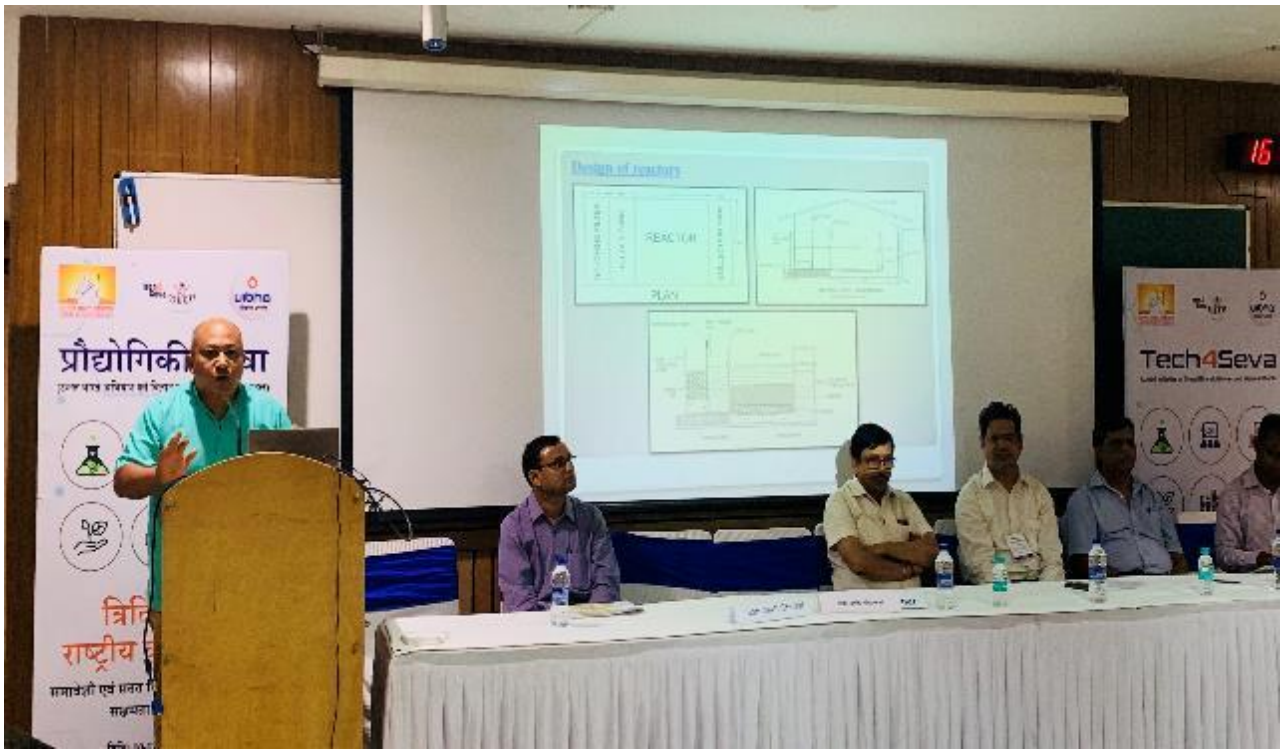
Dr. P. Albino Kumar, Dr. Sangeeta Laishram and other invited delegates at IIT Delhi in the event of signing the MoU

Dr. P. Albino Kumar, Regional Coordinator, UBA NIT Manipur participating in the "Orientation Workshop & Launch of Unnat Bharat Abhiyan 2.0" on 25th April 2018 at AICTE Auditorium, New Delhi.

Delegates invitees during the Launching New Framework for UBA at AICTE, Auditorium on 25th April 2018

Felicitation of Dr. P. Albino Kumar, Regional Coordinator, UBA NIT Manipur by Dr. Anil Sahasrabudhe, Chairman of National Educational Technology Forum (AICTE) in the "Orientation Workshop & Launch of Unnat Bharat Abhiyan 2.0" on 25th April 2018 at AICTE Auditorium, New Delhi.

Dr. P. Albino Kumar, Regional Coordinator, NIT Manipur and other invited delegates in the Three Days National Workshop 'Tech 4 Seva' A joint initiative of UBA and Vijnana Bharati at IIT Delhi on 10th – 12th August 2019



Dr. P. Albino Kumar, Regional Coordinator, NIT Manipur sharing his experience during the Three Days National Workshop 'Tech 4 Seva' A joint initiative of UBA and Vijnana Bharati at IIT Delhi on 10th – 12th August 2019

NIT Manipur has been awarded special Perennial Assistance award on 15th August 2020, for effective accomplishment of UBA mandate under national level competition among all Participating Institutions of UBA.

NIT Manipur, Dr. P. Albino Kumar, Regional Coordinator has been awarded special Perennial Assistance award on 15th August 2020, for effective accomplishment of UBA mandate under national level competition among all Participating Institutions of UBA.

RCI NIT Manipur participating and sharing their experience in the "Brainstorming and Orientation workshop" on 9th-10th June 2022 in SVNIT, Surat

Dr. P. Albino Kumar, Regional Coordinator, NIT Manipur sharing his experience as Regional Coordinating Institute under UBA n the "Brainstorming and Orientation workshop" on 9th-10th June 2022 in SVNIT, Surat

UNNAT BHARAT ABHIYAN

A Flagship program of Ministry of Education

शिक्षित भारत - सक्षम भारत - स्वच्छ भारत - आत्मनिर्भर भारत - संपन्न भारत

Brainstorming and Orientation Workshop for Regional Coordinating Institutes

from 9th June 2022 - 10th June 2022

at Sardar Vallabhbhai National Institute of Technology Surat

CERTIFICATE OF PARTICIPATION

This Certificate is presented to

Potsangbam Albino Kumar (NIT Manipur)

For Participating in the Brainstorming and Orientation Workshop for Regional Coordinating Institutes organised by Unnat Bharat Abhiyan, National Coordinating Institute, IIT Delhi

Prof. Priyanka Kaushal
National RCI Coordinator,
Unnat Bharat Abhiyan

Dr. K. D. Yadav
RCI Coordinator,
SVNIT Surat

Dr. P. Albino Kumar, Regional Coordianator certificate of participation in the "Brainstorming and Orientation workshop" on 9th-10th June 2022 in SVNIT, Surat

UNNAT BHARAT ABHIYAN

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Brainstorming and Orientation Workshop for Regional Coordinating Institutes

from 9th June 2022 - 10th June 2022

at Sardar Vallabhbhai National Institute of Technology Surat

CERTIFICATE OF PARTICIPATION

This Certificate is presented to

Babita Khwairakpam

For Participating in the Brainstorming and Orientation Workshop for Regional Coordinating Institutes organised by Unnat Bharat Abhiyan, National Coordinating Institute, IIT Delhi

Prof. Priyanka Kaushal
National RCI Coordinator,
Unnat Bharat Abhiyan

Dr. K. D. Yadav
RCI Coordinator,
SVNIT Surat

Babita Khwairakpam, UBA NIT Manipur Staff in the "Brainstorming and Orientation workshop" on 9th-10th June 2022 in SVNIT, Surat

Unnat Bharat Abhiyan, NIT Manipur team visiting the adopted villages

UBA NIT students